

## Skills for Life Curriculum

In addition to our core curriculum offer our curriculum develops and embeds key life skills and the characteristics. These skills for life are practical sessions run in Year groups across 6 themed areas for an hour a week. Children cover all 6 areas in an academic year. Each year builds on the previous year over a 3-year cycle to deepen or strengthen children's skills.

The Skills for life areas are:

Years 1 - 3	Years 4 - 6
Let's Talk (Our Voice)	The Great Outdoors (Problem Solving)
Let's Talk (Our Thoughts)	Whizz Kidz (ICT skills)
Let's Create (Performing Arts)	The Big Idea (Debating)
Let's Create (Art and Us)	Wonder World (Wellbeing)
Let's Explore (Outdoor living)	Think Again (Challenges and Collaboration)
Let's Explore (Eco)	Help! (First Aid and Being Safe)

The tables below show the areas that are covered during the 3-year cycle

### Years 1 - 3

	Year A	Year B	Year C
Let's Talk (Our Voice)	Speaking in full sentences Conventions of conversation	Small groups presentations	Whole class presentations
Let's Talk (Our Thoughts)	Opinions and body language	Language, responding to others opinions	Persuasion and arguments
Let's Create (Performing Arts)	Singing and feelings	Emotion through dance	Performance
Let's Create (Art and us)	2D art	Sculpture: 4 <sup>th</sup> Plinth project	Communicate through art
Let's Explore (Outdoor living)	Team games	Bushcraft activities	Camp out
Let's Explore (Eco)	Self-environment	Family environment	Eco - warriors

Years 4 – 6

	Year A	Year B	Year C
The Great Outdoors	Team challenges	Geocaching	Survival
Whizz Kidz	Touch typing	Spreadsheets - budgeting	Short animation
The Big Idea	Would You Rather?	Ethical dilemmas	Debating and democracy
Wonder World	Music, Art and relaxation	Helping yourself	Helping others
Think Again	Thunks & problem solving	Logic v emotions	A real-life problem / social issue
Help!	Water safety	App Alert and social media	First Aid